



Community Resources

Housing/Family Resources

**SIEDA
Community Action**
PO Box 658
725 W. 2nd St
Ottumwa, IA 52501
641-682-8741
<https://www.sieda.org/energy-assistance-liheap/>

**Department
Human Services**
Child care, Cash Assistance,
Food assistance
<https://dhs.iowa.gov/node/3250>
120 E Main St
Ottumwa, IA 52501
641-682-8793

HAWKI Insurance
<https://dhs.iowa.gov/hawki/how-to-apply>

Home and Community Based Services

Waiver Program
<https://dhs.iowa.gov/ime/members/medicaid-a-to-z/hcbs/waivers>

Iowa Works Resources
(MH, SA, Family, Housing)
<https://iowaworksott.wordpress.com/resource-guide/>

Food Bank of Ottumwa
641-682-3403

**United Way of
Wapello County**
224 E. Second Street, Suite 1
P.O. Box 1778
Ottumwa, IA 52501
<http://www.wapellocouw.org/funded-partners-fy19>

Food Assistance

Blessings Kitchen
228 East Main Street Ottumwa
Sherry Locke
641-777-7997

Crisis Center
421 Church St, Ottumwa
(641) 683-3122

Financial Assistance

SIEDA
226 W Main St, Ottumwa
(641) 682-8741

**CPC (Mental Health and
Disability assistance)**
102 E Main St, Ottumwa
(641) 683-4576

General Relief
118 W 3 rd St. Ottumwa
641-682-4563

Child Assistance

American Home Finding
217 E 5 th St. Ottumwa
641-682-3449

**MEICHV
(Child home visiting)**
226 W Main Ottumwa
641-682-8741

ISU extension/NEST
214 E Main Ottumwa
641-682-5491

Child care referral
877-277-4396

**SIEDA
(Parents as teachers/
Head Start)**
226 W Main Ottumwa
641-682-8741

HAWKI insurance
800-257-8563

**Child Health
Specialty Clinic**
123 E 3 rd St. Ottumwa
641-682-8145

continued on back

Mental Health Providers

Southern Iowa Mental Health Center
110 E Main St, Ottumwa
(641) 682-8772

River Hills
201 S Market St Ottumwa
(641) 683-5773

Optimae
226 W Main St #201,
Ottumwa,
(641) 684-6441

Optimae
301 W Burlington Ave
Fairfield
641-472-5771

**Cross Roads Ottumwa/
Pella-Crossroads of Pella**
712 Union Street Suite 301
641-628-1212

SIEDA
226 W Main St, Ottumwa
(641) 682-8741

First Resources
102 N Hancock St Ottumwa
(641) 683-1302

Paula Gordy
415 N Haynes Ave # 2,
Centerville, IA 52544
(641) 856-2688
(Ottumwa, Bloomfield)

Medication Management

Southern Iowa Mental Health Center
110 E Main St, Ottumwa
(641) 682-8772

River Hills
201 S Market St Ottumwa
(641) 683-5773

Behavioral Health Intervention Specialists

Paula Gordy
415 N Haynes Ave # 2
Centerville, IA 52544
(641) 856-2688
(Ottumwa, Bloomfield)

First Resources
102 N Hancock St Ottumwa
(641) 683-1302

Substance Abuse Treatment

SIEDA
226 W Main St, Ottumwa
(641) 682-8741

First Resources
102 N Hancock St Ottumwa
(641) 683-1302

NA/AA Meetings

Camel Club
410 W Keota St, Ottumwa
(641) 682-9775

Once Lost Now Found
733 Church St. Ottumwa
(641) 682-8061

Crisis

Crisis Intervention Services
500 High Ave W
Oskaloosa, IA 52577
641-673-0336

Southern Iowa Mental Health Center – Multiple counties
Mobile Crisis unit
23 hour observation
Crisis talk line
Crisis Stabilization
641-682-8772
1527 Albia Rd Ottumwa

Corinthians House
6971 Ashland Road Agency
641-638-1731